

## Saving Money with Preventive Care

**H**ow does preventive care save you money? By finding health care concerns *before* they are serious enough to require trips to the emergency room or the hospital.

Many Members don't take advantage of this benefit, but most in-network preventive care services are covered at 100%, meaning they are at ***no cost*** to you.

When you schedule your annual preventive care appointments, your doctor can identify health issues earlier and manage them before they become a more serious problem.

When the Fund Office pays claims, we see that many Members who had the most catastrophic and expensive claims did not have a Primary Care Physician (PCP) and did not use their preventive benefits regularly.



**Start today  
and be  
healthier now  
and in the future!**

